

INDIANA EARLY LEARNING ADVISORY COMMITTEE

Child Development and Well Being Workgroup

Meeting Minutes Summary March 26, 2015

Attendees: Amanda Lopez, Dana Jones, Connie Sherman, Erin Kissling, Beth Stroh, Julie Burns, Kyle Wehmann, Nancy Ward, Christina Furbee, Jan Katz, Kresha Warnock, Lisa Henley, Sharon Molargik, Rosa Hiestand, Sherry Crisp Ridge, Julie Whitman

MEMBERS

Kevin Bain

Melanie Brizzi

Charlie Geier

Beckie Minglin

Tammy Veselsky

Alonzo Weems

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John Burnett

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Key Topics Discussed:

- Review of Health Definition Research
- "Jenna Sylie" was recommended by Julie Whitman as potential ISDH rep for this workgroup.
- Christina Commons stepping in for K. Lawson's work in some of her responsibilities (Kristen's role with Project Launch has not been filled yet)
- "Medical home" was suggested as one of our definition's focus areas. Dana thinks it would be a good component to have because it is one of the ways we get to health (different than a definition of health).
- Nurse Family Partnership- no one researched this to date.
- Nancy's "dimensions" (within her research) could be aligned with the 5 domains of development
- Christina came up with "components" of health. She found that environment and oral health were often left out of health definitions. (Oral is usually separated from physical.) Spiritual health is usually left out of public sector.
- Julie affirms that the environment is a big factor of health, the consequences of which may not be evident until much later in life.
- Discussion of Carrie Bale's suggested definition of health.
- Christina suggests we adopt the World Health Organization definition, then further define Indiana-specific focus areas, or "buckets".
- Beth S. adds that adopting something already established makes it easier to research, align, and make Indiana-specific—why re-invent the wheel?
- Bull's-eye infographic could be a way to frame the Indiana-specific buckets: Children and families in the center, then environment as first ring, and community as second ring. Circle diagram then could be split into 4 quadrants: physical, mental, intellectual, social-emotional.
- Intellectual health bucket to include: Kindergarten Readiness, brain development, cognitive functioning
- Physical health bucket to include: Oral health, nutrition, physical activity
- Do we need both "mental" and "intellectual" quadrants? Maybe "mental"



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goes under social-emotional?

- Difficult piece of puzzle is spiritual health. For some, it is very important.
 Could fit into a "cultural" bucket. Cultural and spiritual could go under social-emotional too.
- Amanda mentioned Vanderbilt pyramid model to help inform the socialemotional quadrant. Jan Katz has already filled in the pyramid with what is happening in Indiana! (She presented it at IAEYC one year and will upload to Wiggio).
- Discussion of next steps:
 - Our definition of health will be brought before ELAC to be "adopted" by the full committee.
 - One idea is to potentially create a white paper to discuss why health is important and support our recommended definition. (i.e. Here's why and how it relates to school readiness; standards; and the work we are doing, etc.)
 - Let's focus on white paper before diving into our health definition "buckets." We want ELAC to approve our adoption of the definition first. Will hold off on draft visual as well.
 - FPG document from Christina Furbee would help to inform our white paper, as well as Harvard study that Kresha uploaded.
 - Julie Burns discusses studies that show health in relationship to test scores; from her Jump In work.
 - Children's Advocacy Alliance has a whole list of white papers (caanv.org).
- Foundations update: Group from NIEERs to review in April for outside perspective; Provider workgroups also reviewing for feedback on usability for implementation; ELAC endorsement planned for June
- ELAC News: Currently working on next ELAC Annual Report (due by June 30th)! Will have a draft in early May for all workgroups to give feedback; ELAC asked to present recommendations to Governor.

Key Questions Raised:

- 1. Do we want to adopt the WHO definition of health? Or customize our own definition? Or adopt a broader one and customize the buckets?
- 2. Should we name the "buckets" in the definition or have them separate and keep the definition more broad?
- 3. Consensus across group to recommend WHO definition? YES.
- 4. Should expulsion and suspension be part of mental health bucket area?



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Action Steps:

- Amanda and Kyle will draft a 1-page white paper as support for our definition of health recommendation to ELAC, using the resources that have been shared on Wiggio.
- 2. Jan Katz will take the first editing pass before we upload it for feedback from the whole workgroup on Friday, April 3.
- 3. Workgroup feedback is due by April 8th. Edits will be made and the recommendation present to ELAC on Friday, April 10th. Nancy Ward agreed to be our presenter.
- 4. Next meeting, we will unpack the bucket areas (or focus areas) and use John Burnett's Coalition Building process to move the work forward.

Next Meeting:

Thursday, April 23rd 10:00 am -12:00 pm

Location: St. Mary's Child Center, 901 Martin Luther King Jr. Street, Indianapolis, IN, 46202

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